

a circle of caring



The Hospice at May Court

Hospice News

Newsletter of The Hospice at May Court
Summer 2008

The Number One Hike Team in Canada belongs to The Hospice at May Court

Despite the cloudy skies the rain cleared just in time for 6th annual Hike for Hospice. The Hospice welcomed both old and new friends and nearly 300 hikers raised over \$63,000 (and still counting) for the Hospice. Martha Nixon, Hospice Board Chair graciously welcomed everyone and introduced hospice supporter and Ottawa Centre MP, Paul Dewar who described what happens at the Hospice as "organized compassion" and said that the model created by The Hospice at May Court should be exported across the country.



Paul Dewar, Hospice friend and Ottawa Centre MP and Tracy Arnett, Platinum sponsor cut the ribbon to officially open the 6th Annual Hike for Hospice.

Photo by Brian Hum

Before the Hike, Erin Dubé from Makin' Moves dance studio warmed up the crowd with some hip hop moves. The ribbon was officially cut by the Hike Platinum sponsor Tracy Arnett and Paul Dewar. Then, the crowd of kids, parents, grandparents and even a few dogs were off for a 5 km hike through Old Ottawa South, up Echo Drive to the Pretoria Bridge and back to the Hospice. They were greeted upon their return by a bevy of belly dancers and a drumming group. The event ended with a picnic provided by The Red Apron and sounds from a Dixieland band.

Look inside for more photos from the Hike.

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The production and mailing of this newsletter is made possible by the generous support of The May Court Club of Ottawa. The Hospice would like to thank the May Court Club and recognize their ongoing support of The Hospice at May Court and of many other groups in our community. For more information about The May Court Club of Ottawa visit www.maycourt.org or call (613) 733-4681.



Word from our Board Chair

The Hospice at May Court spirit was alive and well for the Hike for Hospice event and it is such a clear example of what a team of dedicated people, working together, can accomplish. Many thanks to all for such a terrific event resulting in a very successful raising of funds.

Many of you will have been surprised as you learned that Dan Dempster had left the Executive Director chair in April. The Board would like to thank Dan for the positive impact he had on the Hospice. Dan was attentive to volunteers and staff. He worked to build networks across the palliative care community and he helped to strengthen the Hospice team as it moved through a major transition. On behalf of the Board of Directors, I thank him for his contribution and wish him the best of luck in his future endeavours.

We are grateful that we have the interim leadership of Elaine Leipe and that we are blessed with a solid team of professionals and volunteers who continue to provide such an excellent level of service and support. The team at the Hospice is very strong. They will help us to define a leadership profile of a new Executive Director and will, as well, be involved in the selection process.

Vince Gilpin, an experienced Board member, will lead the selection process. Members of his team will be at work over the summer months, with hopefully a final selection made for the fall.

I look forward to seeing many of you at the AGM and to working together with you in the year ahead of us. I am confident that the Hospice will continue to grow, develop and flourish in the very best traditions of our legacy.

Martha Nixon, Board Chair, The Hospice at May Court

The Hospice Board of Directors 2008-2009

Martha Nixon, Chair Ian Mumford, *Secretary/ Vice Chair*

Charles Armstrong, *Treasurer*

Lewis Auerbach, Ian Ashe, Todd Burke, Vince Gilpin, Donna Haynal, Barbara Hogberg, Diane Koven, Heni Nadel, Jean-Pierre Soublière & Ellen Wright.

Ex-Officio Non-voting Members

Pippa Hall, Medical Consultant

Barbara Hykle, May Court Club Representative

Elaine Leipe, Acting Executive Director

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The Hospice at May Court's Annual General Meeting Monday June 23, 2008 6:00 pm business meeting followed by a reception in the Hospice's backyard gardens.

This annual event is a great opportunity to hear a financial and program report on the Hospice for the year ending March 31, 2008 and to hear about plans for the year ahead. It is also a chance to say goodbye to outgoing board members and to welcome new members. There is no need to RSVP, just come if you can. Those who have paid their membership fee will be entitled to vote at this meeting.

If you haven't yet renewed your membership and would like to, you may do so by filling out the enclosed application form and mailing it to the Hospice with \$25. You can also pay your membership online by visiting www.hospicemaycourt.com.

Call (613) 260-2906 ext 224 if you require more information.

This year's fundraising goals are:

Private donors	\$515,000
Events	\$290,000
May Court Club of Ottawa	\$100,000
Planned Giving/Bequests	\$ 60,000
Foundations	\$ 40,000
Endowment fund interest	\$ 35,000
Corporate	\$ 40,000
Religious	\$ 20,000
Service clubs	\$ 25,000
Membership	\$ 15,000

Although the Hospice does receive some government funding for a portion of the residential program and the volunteer program (35%) we must still raise over \$1million dollars from the community to continue providing care and support to patients and their families.

This is your hospice—your support is greatly appreciated!

Visit www.hospicemaycourt.com for more information about the Hospice and for all the latest Hospice news.



Hospice Board Chair, **Martha Nixon** welcomes the crowd.



Hike for Hospice 2008

Photos by Brian Hum



Erin Dubé (above right) from Makin' Moves gets the crowd the moving before everyone heads out to hike.



Hikers of all ages head out the Hospice's parking lot of the Hospice for the 6th annual Hike for Hospice.



Tracy Arnett and friend hike the route.



After the Hike everyone grabs something to eat.

Thank you to everyone who have helped to make the Hike a success.
It wouldn't have happened without all you!

Event Sponsors	Glebe Apothecary
Tracy Arnett Realty Ltd.	Bayshore Home health
The Red Apron	Loeb Glebe
The Ottawa 67's	SNC Lavalin
Bombardier	Advantage Audio Visual
Scotiabank	Tim Hortons
Innovapost	Starbucks Old Ottawa South



The gang from **Innovapost** lend a hand again this year.

Hike organizing committee

Joanne Steventon	Dorothy Smith	Phyllis Clark	Karen Swinburne
Judy Stephanson	Polly Ann Sobier	Dale LaRocque	Donna Haynal
Dana Slater	Pat Robson	Louise Windley	



Hike committee member, **Judy Stephanson** (back left) and friends.

Hospice staff

Anne Bailliu	Ali Black	Lesley Doucette	Megan Doyle
Christine Hannsens	Janet Howard	Cheryl Howland	Marg Jones
Elaine Leipe	Diane Sceviour		

Silent Auction sponsors

Pelican Grill	C.A. Paradis	The Life of Pie
Dominion Chalmers United Church Women	Ottawa 67's Hockey Club	Domus Café
Dublin's Gate Limousine Service	Scotiabank	TD Bank
Patty's Pub	A Rose on Colonel By Bed & Breakfast	The Mud Oven
Quinn's Ale House	Georgetown Sports Pub	Swish
Tosca Ristorante		



A bevy of belly dancers greet the returning hikers.

Day of volunteers

Marjory Bonyun	Ashley Brambles	Andrea Bruce
Monique Cadieux	Lorraine Cantlie	Amy Carter
Irene Cherner	Peter Clark	Alexis Danic
Chris Delaney	Sanjot Deshmukh	Shriya Deshmukh
Jeanette Digeur	Judith Dowler	Grace Ferland
Jessica Greenslade	Kathy Hall	Vera Handzel
George Haynal	Bonnie Harnden	Sandi Howard
Bev Hyde	Brian Hum	Rose Ireland
Lois Jensen	Owen Kealey	Jacqueline Kundel
Joseph Kundel	Bob Lagowski	Cefee Leung
Doris Loucks	Kate Lusk	Mary McAllister
Erica McKeown	Sue Newell	Chris Norris
Barbara Palmer	Susan Phelan	Jim Plumb
Sharon Plumb	Lucas Poon	Anne Riddoch
Daniel Roy	Doug Selley	Sheila Selley
Anne Sewell	Stewart Slater	Garry Stephanson
Leif Stephanson	Wendy Stephanson	Dannie Stevenson
Kent Swinburne	Sylvia Walton	David Whittaker
Lois Williamson		



Hospice volunteers; **Bev Hyde, Susan Phelan, Lois Williamson, Phyllis Clark** and **Karen Swinburne** take a moment to pose.

Volunteer News ...

The 10-year volunteers

Every year the Hospice recognizes volunteers and staff members who have given 10 years of service to The Hospice. This year, two volunteers will be bestowed with this honour.

Barbara Konst began driving for the Hospice's Day Hospice Program in 1997 after a she was told by a friend that the hospice was the best volunteer job she ever had. It's over ten years later and she still agrees that this person was right. After taking the volunteer course in 1997 she has been a faithful Thursday Day Hospice volunteer. She even recruited her husband, **Joe Konst** to help out and he has been a faithful Day Hospice driver for many years. Barbara also helps in the kitchen preparing lunch for day hospice when the regular chef is away. She brings her years of hospice experience and a willingness to always help out.

Peggy White's volunteering with the Hospice began with picking up a piece of art she purchased from a sale that the Hospice had hosted. She inquired about volunteering, that day, took the volunteer course in the Fall of 1997 and has been driving for the Day Hospice program ever since. She has also been a substitute volunteer for Thursday Day Hospice. She continues to enjoy her Hospice volunteering and is inspired by the "spiritual strength" of the patients she meets.

The Hospice volunteer orientation course will be offered in the Fall beginning Tuesday September 9th. It will run for 13 consecutive Tuesday evenings from 6:30 to 8:30 PM until December 2, and is required in order to work with Hospice patients and their families. If you are interested in taking the volunteer course, please fill out a volunteer application form which is available on the Hospice's web site (www.hospicemaycourt.com) or at the Hospice's front reception desk

Speakers Bureau in Action!

Do you enjoy public speaking? Are you passionate about Hospice Care?

The Hospice is looking for a small group of people willing to help grow its speakers

bureau. Time commitment would be one informal meeting a month, during which time the group will discuss different options for speaking engagements, ways to book engagements and presentation format. Members of the Speakers Bureau team will also help in booking speaking engagements. Whether you're a skilled speaker, or someone who wants to get the word out about our programs, you're welcome at the table!



Please contact Joanne at (613) 260-2906 x.232 info@hospicemaycourt.com for more information.

We are always looking for volunteers to drive on a regular basis or to fill in for volunteers when they are away. To volunteer call Ali Black, Coordinator Volunteer Services, at (613) 260-2906 ext 231 or ali@hospicemaycourt.com.

LONG STANDING AND FAITHFUL

The following past and current staff & volunteers have given ten years or more of service to

The Hospice at May Court:

Mary Berthe, Bernard Bisha, Bob Buchan, Alberta Casey, Nancy Chance, David Chance, Susan Chater, Gwen Connell, Heather Davis, Megan Doyle, Chris Garnett, Emily Gear, Marie Gibson, Grete Hale, Suzanne Halpenny, Deborah Hebert, John Hopper, Gail Hopper, Caroline Horgan, Rose Ireland, Sharon Johnson, Debbie Kacew, Willy Kellam, Jim King, David Kirkwood, Barbara Konst, Julie Lawson, Kate Lawson, Lynne Loiselle, Joy Maclaren, Rebecca McDermot, Eileen MacLennan, Betty MacPherson, Norm MacPherson, Susan Menzies, Joan Miskelly, Jean Mitchell, Barbara O'Connor, Michael O'Connor, Barbara Pennie, Heidi Reid, Jane Robinson, Carol Rodrigue, Don Rodrigue, Barry Sims, Susan Smith, Molly Starr, Guy Thatcher, Dawn Thomas, Peggy White, Lois Williamson & Mary Lynn Wood.

June 2008

Community Support

Thank you to the **Diplomatic Community** for once again designating proceeds from their annual garage sale held at the end of May.

The Hospice is proud and appreciative to have been chosen as a recipient charity for this year's highly successful **Bon Appetit** event held in May.

Many thanks to the **R.A. Duplicate Bridge Club** for making a donation to the Hospice last month.

Thank you to the many religious organizations, service clubs, individuals, patients, families, volunteers and staff who make donations to the Hospice.

Community support is what keeps the hospice going and keeps the circle of caring strong!

Kudos to Hospice Board Chair, **Martha Nixon** for the publication of her article titled *Blended values The Hospice at May Court A model for palliative care*, in the biannual Italian journal, Giving: Thematic Issues in Philanthropy and Socail Innovation.



IN MEMORY OF

Thank you to all our in memoriam donors who have contributed over the past few months.

(February 7, 2008 to May 20, 2008)

Gennadij Adrianow, Thomas Anderson,
Nick Antoniadis, Alex Aubrey, Gerald Austin,
Agnes Belanger, Robert Benson, Lucille Bertrand,
Betty Blenkarn, Elaine Bolton, Alma Bujold,
Shirley Broadhead, L.Cade, Heather Cope,
Edith Carter, David Chance, Margie Chauce,
Angelo Ciarla, Alberto Copelli,
Robert (Bob) Cousineau, Robert Cox, Beth Doyle,
Ronald James Duck, Joan Dumbrell,
Winnifred Dupuis, Miriam Ebeltoft, Walter Faigan,
Rose Faucher, Michael Finan, Margaret Forrest,
Frits Frenken, Madeline "Toby" Frink, Jack Galbraith,
John Galbraith, Leonard Gelfand, Peter Griffiths,
Victor Grisold, Alfred Gruber, Bertha Hannum,
Donald Harrison, Joan Harwood, Anita Hickey,
Helen Hickey, Robert Hill, Arliss Howlett,
Hannah Margaret Johnson, Isabella Glenn Jurczynski,
Isabel Kearns, Elizabeth Kirk, Leopold Koppel,
Brigitte Kuehn, Adele Jorte, Irene Labelle,
Therese Lafortune, Isabel Laird, Joan Lake,
Dolores Lloyd, Claudette Martel, Jean Masson,
Kenneth Matson, Marie Mayo, Nan McIver,
Margo McKimm, Manon McKinley, Leanne Meikle,
Isabelle Milburn, Garth Moore, Cam Murdie,
Janet Nash, Peter Newcombe, Janis Norris,
Roland Nutter, Marjorie O'Callaghan, Petre Oprea,
Eugenia Papadakos, Robert Parrington,
Micheline Payette, Terry Penner, Bill Pigeon,
Marjorie Pushman, Diane Raymond, Clarisse Renaud,
Roy Runciman, Peter Sawatzky, Louise Seaby,
Pierre Gerald Seaman, Pierre Seguin, Roberta Sellars,
Fred Shortt, Audrey Smith, Harold Smith, Jan Snure,
Peter Steadman, Barbara Strahl, William Stratton,
Roy Swallow, Giovanni Talia, Mrs. Taller,
Archie Tuomi, Louise Trombley, Catherine Yates,
Giles Warren, Pat Watson, Bess Weiner,
Helen Wolchuck, Edward Wood, Wally White &
James Wiley.



Help Wanted

There are a few positions available on this year's organizing committee for the Homes for the Holidays event.

This is your chance to get involved with a high-profile, fun event and help the Hospice at the same time.

Contact Joanne Steventon at 260-2906 ext 232 for more information.

The Hospice extends its deepest sympathies to Nancy Chance and her family for the death of David Chance. Both David and Nancy were long-time volunteers of the Hospice's Day Hospice Program since its very early days back on Blackburn Avenue.

David was loved by all at the Hospice for his sense of humour, warmth and his trademark smile.

The Hospice at May Court is able to receive your donations online. Visit our web site at www.hospicemaycourt.com, click on donations, then go to donate now.

We can also take your donation by Visa by calling (613) 260-2906 extension 222.

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